# **The Race Guide:**

## **Before The Run:**

- 1. The event venue will be @ Punggol Park. Limited car park slot available @ Punggol Park, more carpark at HDB carpark opposite the park.
- 2. In order to allow a smooth start for all participants, we will be splitting the starting area into different zones according to fitness level. All runners please line up according to your fitness condition base on the criteria stated below.

	Zone 1	Zone 2	Zone 3	Zone 4	Zone 5	Zone 6
	10km:	10km:	10km:	10km:	10km:	10km:
Start	Below 40min	40min – 45min	45min – 50min	50min – 55min	55min – 60min	Above 60min
	5km:	5km:	5km:	5km:	5km:	5km:
	Below 18min	18min – 20min	20min – 23min	23min – 25min	25min – 30min	Above 30min

3. All runners of the category will start the race together.

Event Schedule							
Time	Activity	Category	Cut Off Time				
7:20am	Briefing & Grouping	10km Competitive	9:15am				
7:30am	Flag Off						
7:45am	Briefing & Grouping	5km Competitive	9:15am				
7:55am	Flag Off						
9:25am	Briefing	Family Fun	-				
9:30am	Flag Off	Run/Walk					
10:00am	Prize presentation & Lucky Draw						

- 4. Baggage service will be provided but Mileage will not hold any responsibility for any loss of valuable. Please kindly pack light and keep your valuable at home.
- 5. The event will be delayed should there be any lightning alert. Event will be cancelled if the weather does not turn better by 830am. More information will be announced on event day.

# **During The Run:**

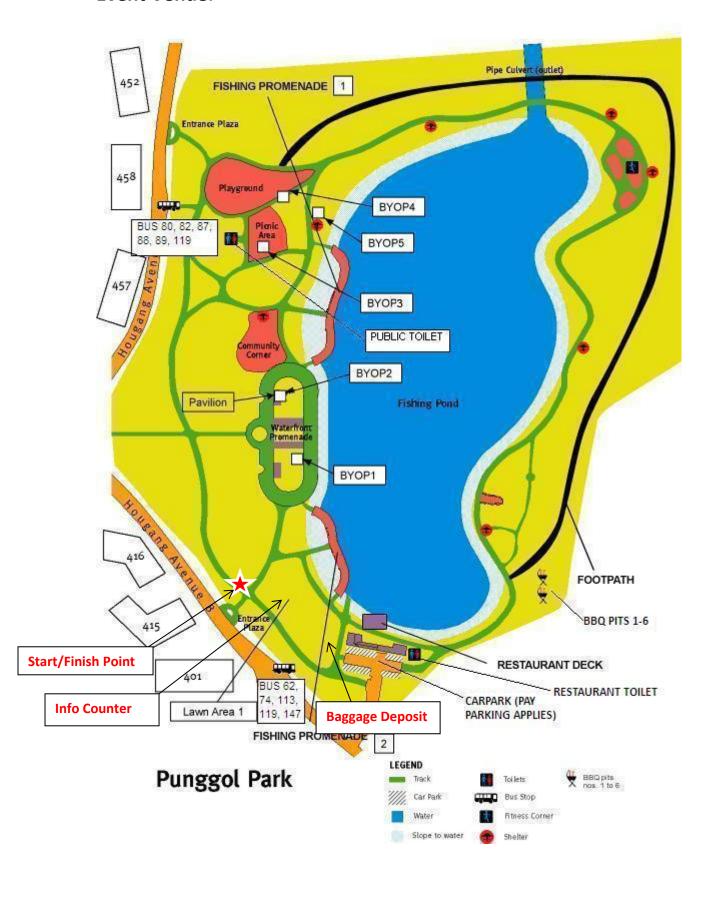
- 1. Please kindly refer to the map below this document for the race routes.
- 2. We have received a permit to use the Park Connector for the event but it is not closed for public. Please look out for public walkers/runners/cyclists during the run and always keep to the left. The portion between 3km and 4km will be crowded on public holiday.
- 3. Hydration point will be located @ 3.3km & 6.3km marks for 10km route, 2km & 3km marks for 5km route. Water and 100Plus will be served for 10km.
- 4. Please kindly throw all the used cups at the center on the grass patch or somewhere near the hydration point for ease of cleaning up after the event.

#### After the run

- 1. Water and 100Plus will be served.
- 2. Please keep the park clean.
- 3. A Seiko Big Timer will be set up on the right side of finishing point, you may record down your gun time by checking out the time on the clock. Please note that 5km runners will be starting 25min after 10km runners.
- 4. In order to keep the race's registration fee low, we will be capturing the timing for all the competitive categories manually. We will try our best to record down all your timing manually and publicize the timing on our website in 3 working days. Please make sure your number tag is displayed properly on your chest/stomach area.
- 5. Trophy will be awarded to top 5 runners in both male and female for 5km & 10km category.

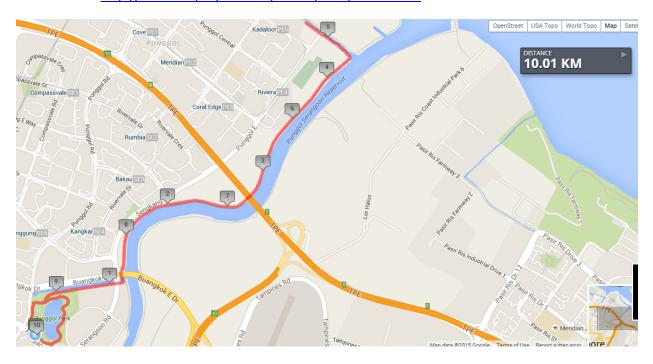
Thank you and Mileage wish you have a great new year ahead!

#### **Event Venue:**

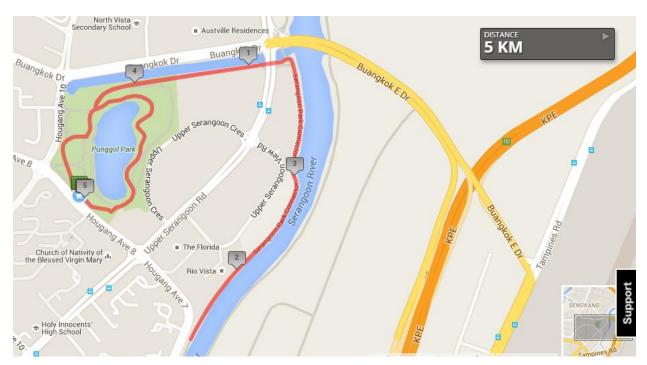


#### **Race Route**

10km Route: <a href="http://www.mapmyrun.com/routes/view/945108825">http://www.mapmyrun.com/routes/view/945108825</a>



5km Route: http://www.mapmyrun.com/routes/view/945118867



## 2km Route: http://www.mapmyrun.com/routes/view/945123493

